

## HSPB1 mutation causing distal Hereditary Motor Neuropathy type 2B in a Polish family

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**Abstract:** The heat-shock protein beta-1 (HSPB1) is one of small heat-shock proteins that play an important role in cell functioning by promoting correct folding of other proteins. The HSPB1 mutations are known to cause distal Hereditary Motor Neuropathy type 2B (dHMN2B) and Charcot-Marie-Tooth disease type 2F (CMT2F). More than 30 different mutations in the HSPB1 have been found in patients with CMT2F and dHMN2B. There are cases of the Thr151Ile HSPB1 mutation described in 4 countries: Croatia, Japan, France and Poland. In this paper we present a Polish family with p.Thr151Ile mutation causing distal hereditary motor neuropathy. A 48-year-old male patient presented progressive bilateral lower limb weakness and gait difficulty of typical onset. The presentation of the disease in his daughter, who carries the same mutation is yet uncertain. She has currently no clinical symptoms of the disease but registered mild muscle damage in EMG with correct conduction parameter in EMG.

**Keywords:** HSPB1 mutation, dHMN, distal Hereditary Motor Neuropathy 2B.

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The HSPB1 gene encodes a small heat-shock protein beta-1. It belongs to the large family of small heat shock proteins, ten of which are expressed in human tissues. Among them HSPB1 is expressed in almost all human tissues. This protein is made up of three domains: poorly ordered N-terminal domain, conservative  $\alpha$ -crystallin domain and predominantly disordered C-terminal domain. Small heat shock proteins participate in various intracellular and extracellular processes [1]. They act as a molecular chaperone that promote correct folding of other proteins and in this way control many molecular processes such as senescence and apoptosis, cell signaling or protec-



tion of cytoskeleton. Mutations in four of small heat-shock proteins including HSPB1 have been associated with human neuromuscular diseases such as distal hereditary motor neuropathy, Charcot-Marie-Tooth disease, Amyotrophic Lateral Sclerosis and even some forms of myopathies. The majority of small heat-shock protein mutations are missense mutations, mostly associated with a dominant disease phenotype, high penetrance and late onset of symptoms [2].

Inherited peripheral neuropathies are a very complex and genetically diverse group of peripheral nervous system diseases [3]. They are classified as the Charcot-Marie-Tooth disease (CMT) also known as hereditary motor-sensory neuropathy if both, motor and sensory, systems are affected or distal hereditary motor neuropathy (dHMN) if motor deficit is predominant. Further subdivisions depend on observed nerve conduction [1, 4].

Mutations in HSPB1 can cause a group of length-dependent axonal neuropathy, which includes distal hereditary motor neuropathy type 2B (dHMN2B) and Charcot-Marie-Tooth disease type 2F (CMT2F). There are also mutations in HSPB1 reported in patients with amyotrophic lateral sclerosis and in one case with myopathy, which suggest overlap of these diseases [5, 6].

dHMN2B and CMT2F are mostly autosomal dominantly inherited and characterized by a progressive distal muscle weakness and atrophy predominantly in lower limbs. Electrophysiological studies show a length-dependent axonal motor neuropathy in dHMN2B or length-dependent motor-sensory neuropathy in CMT2F [7], though there are described forms of dHMN2B that have minor sensory involvement [5]. Usually the first symptoms of dHMN2B occur in 4th decade however, it can range from the 2nd till 6th decade [8]. The progression of the disease is slow [9].

Currently more than 30 mutations in the HSPB1 have been found in patients with CMT2F and dHMN2B. The mutations in HSPB1 were the most common cause of dHMN2B with a frequency of 8–14% [10]. In the families with HSPB1 mutation described in different countries, male predominance was found but the significance of the sex difference requires further investigation [5].

In this study we present a 48-year-old male who was admitted to the hospital due to progressive bilateral lower limb weakness and gait difficulty. The onset of the disease took place 6 years before when the patient experienced difficulty while skiing. A year later damage of the right peroneal nerve occurred. The symptoms progressed causing lower extremities weakness and muscle slimming, mostly in distal parts. The family history revealed that gait problems affected his father, his father's brother and their mother (our patient's grandmother).

In neurological assessment the patient presented lower limb and gluteal muscle atrophy, mostly distal and with the right side predominance with decreased muscle tone in lower extremities (Fig. 1). We found absence of knee and ankle tendon reflexes bilateral and presence of fasciculations in thighs and calves. Sensory examination was



Fig. 1. Lower limb muscle atrophy.

normal. Babinski sign was absent. The examination of cranial nerves and upper extremities showed no abnormalities. He presented a waddling gait.

His electromyography revealed advanced demyelinating-axonal neuropathy of motor nerves and demyelination of medium sensory nerves, moreover active denervation and chronic neurogenic changes with reinnervation covering one level of the spinal cord. In MRI of the thoracic spine nothing significant was found. In cerebrospinal fluid examination the level of protein was slightly elevated as well as serum creatine kinase level.

A genetic test was performed in the course of further diagnosis. A heterozygous HSPB1 gene mutation in c.452C>T; p.Thr151Ile was found. It was reported previously and classified as pathogenic with autosomal dominant hereditary. The diagnosis of dHMN2B was confirmed. Following genetic counselling, predictive analysis for the patient's 25-year-old daughter was made showing the same variant c.452C>T; p.Thr151Ile of HSPB1 gene mutation. She is clinically asymptomatic yet, although she had mild muscle damage in EMG with still correct conduction parameters in the motor nerves.

The p.Thr151Ile mutation is a missense HSPB1 mutation that occur in  $\alpha$ -crystallin domain, which is highly conservative among the human small heat-shock proteins. It is supposed to be mutation hot spot [5, 11]. There are cases of the Thr151Ile HSPB1

mutation described in 4 countries: Croatia, Japan, France and Poland. The family cases were found in Croatia (4 relatives) and in Poland (2 relatives). Four unrelated patients in Japan and one in France were diagnosed with this mutation [5, 9, 11, 12]. The previously described Polish family presented very late onset dHMN2B, with first symptoms occurring in 7th decade, and with pyramidal signs (positive Babiński sign), not very common in this disease [9].

In conclusion, we would like to report a Polish family with Thr151Ile HSPB1 gene mutation with diagnosed dHMN2B disease of typical time onset in a male patient and yet uncertain presentation of the disease in a younger female patient. It proved the observation that the clinical phenotypes caused by the same HSPB1 gene mutation have heterogeneity in symptoms and onset age. Finding another family in our country with the same point HSPB1 mutation could suggest the significance of active search of this mutation as a cause of dHMN2B in the Polish population.

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### Conflict of interest

None declared.

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