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The quarterly *Polish Polar Research* invites original scientific papers dealing with all aspects of polar research. The journal aims to provide a forum for publication of high-quality research papers, which are of international interest.

Articles must be written in English. Authors are requested to have their manuscript read by a person fluent in English before submission. They should not be longer than 30 typescript pages, including tables, figures and references. However, upon request, longer manuscripts may be considered for publication. All papers are peer-reviewed. With a submitted manuscript, authors should provide their names, affiliations, ORCID number and e-mail addresses of at least three suggested reviewers.

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Title should be concise, informative and no longer than 15 words. Abstract should have no more than 250 words. The authors are requested to supply up to 5 keywords, different than words used in the title. The references should be arranged alphabetically and chronologically. Journal names should not be abbreviated. Please, ensure that every reference cited in the text is also present in the reference list and *vice versa*. Responsibility for the accuracy of bibliographic citations lies entirely with the authors. The inline references to published papers should consist of the surname of the author(s) followed by the year of publication. More than two authors should be cited with the first author’s surname, followed by *et al.* (Dingle *et al.* 1998) but in full in the References.

Examples:

ANDERSON J.B. 1999. *Antarctic Marine Geology*. Cambridge University Press, Cambridge.

BIRKENMAJER K. 1991. Tertiary glaciation in the South Shetland Islands, West Antarctica: evaluation of data. In: M.R.A. Thomson, J.A. Crame and J.W. Thomson (eds) *Geological Evolution of Antarctica*. Cambridge University Press, Cambridge: 629–632.

DINGLE S.A., MARENSSI S.A. and LAVELLE M. 1998. High latitude Eocene climate deterioration: evidence from the northern Antarctic Peninsula. *Journal of South American Earth Sciences* 11: 571–579.

SEDOV R.V. 1997. Glaciers of the Chukotka. *Materialy Glyatsiologicheskikh Issledovaniy* 82: 213–217 (in Russian).

SOBOTA I. and GRZEŚ M. 2006. Characteristic of snow cover on Kaffioyra’s glaciers, NW Spitsbergen in 2005. *Problemy Klimatologii Polarnej* 16: 147–159 (in Polish).

WARD B.L. 1984. *Distribution of modern benthic foraminifera of McMurdo Sound, Antarctica*. M.Sc. Thesis. Victoria University, Wellington (unpublished).

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